

Bicycle Drawing Activity:

You have 90-seconds to sketch a bicycle from memory. Use the space provided



Debrief:

1. What did you notice?
2. If you designed a bike based on your drawing what would happen?
3. What did you access in your mind in order to draw the bicycle?
4. How does this activity relate to how we pull mental images from previous learning?
5. What can you take from this experience about embedding learning in long term memory?

Additional thoughts to process:

Our brains are constantly processing between working and long-term memory. We draw on existing information to free up working memory which is very short-term.

Our goal as learners is to encode long term memory. But it takes time, so we often resort to shortcuts...and it doesn't work!

In order to embed content/information into long term memory we must use review over and over (repetition). Never short change review. Review builds retrieval pathways for learners. Also, think about priming (pre-work) needed to set the stage for retention.